



# JANUARY

## Beverly Hills Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
 <b>Bacon Egg &amp; Cheese Melt</b>  <b>Served on January 7th</b>	 <b>The Upper Darby Double</b>  <b>Served on January 27th</b>	<b>1st</b>  <b>Winter Break</b> <b>Schools Closed</b>  	<b>2nd</b> Country Chicken Bowl Cheeseburger Cheese Pizza Beef Nacho Salad	<b>3rd</b> <b>Confetti Pancakes</b> <b>with Chicken Sausage</b> Cheeseburger Cheese Pizza Beef Nacho Salad  <b>Frozen Friday</b>	Choices of Milk Include  Skim Low-Fat White, Chocolate and Strawberry  Choices of Fruit & Vegetable  Monday French Fries Green Beans Apple Juice  Tuesday Black Beans Tasty Tuesday 100% Fruit Sorbet  Wednesday Caesar Side Salad Mixed Fruit Cup  Thursday Baby Carrots Apple Juice  Friday Tater Tots Frozen Friday 100% Fruit Sorbet
<b>6th</b> <b>Cheeseburger</b> Cheese Pizza Chicken Cheesesteak Popcorn Chicken Salad	 <b>7th</b> <b>Bacon Egg &amp; Cheese Melt</b> Cheeseburger Cheese Pizza Popcorn Chicken Salad  <b>Tasty Tuesday</b>	<b>8th</b> <b>Grilled Cheese</b> Cheeseburger Cheese Pizza Chicken Caesar Wrap Popcorn Chicken Salad	<b>9th</b> <b>Early Dismissal</b> <b>Grilled Beef Hot Dog</b> <b>with Melted Cheddar</b> Cheeseburger Cheese Pizza Chicken Patty Sandwich Popcorn Chicken Salad	<b>10th</b> <b>French Toast</b> <b>with Chicken Sausage</b> Cheeseburger Cheese Pizza Popcorn Chicken Salad  <b>Frozen Friday</b>	
<b>13th</b> <b>Chicken Patty with</b> <b>Secret Sauce &amp; Pickles</b> Cheeseburger Cheese Pizza Buffalo Chix Cheesesteak Chicken Caesar Salad	<b>14th</b> <b>Beef Hard Taco</b> <b>with Fresh Salsa</b> Cheeseburger Cheese Pizza Chicken Caesar Salad  <b>Tasty Tuesday</b>	<b>15th</b> <b>Macaroni &amp; Cheese</b> <b>Bowl Topped With</b> <b>Popcorn Chicken</b> Cheeseburger Cheese Pizza Chicken Caesar Salad	<b>16th</b> <b>Chicken Nuggets</b> <b>with Secret Sauce</b> Cheese Pizza Chicken Caesar Salad <b>Hey It's Nugget Time!</b> <b>You Be the Dipper!</b> <b>Try our Secret Sauce</b>	<b>17th</b> <b>Pancakes with</b> <b>Chicken Sausage</b> Cheeseburger/Pizza Chicken Caesar Salad  <b>Frozen Friday</b>	
<b>20th</b>  <b>Martin Luther King</b> <b>Holiday</b> <b>Schools Closed</b>	<b>21st</b> <b>Cheese Quesadilla</b> <b>with Fresh Salsa</b> Cheeseburger Cheese Pizza Beef Nacho Salad  <b>Tasty Tuesday</b>	<b>22nd</b> <b>Chicken Tenders</b> Cheeseburger Cheese Pizza Turkey Wrap Beef Nacho Salad	<b>23rd</b> <b>Pasta with Meatballs</b> Cheeseburger Cheese Pizza Diced Chicken Wrap Beef Nacho Salad	<b>24th</b> <b>Hot Egg &amp; Cheese</b> <b>On a Bagel</b> Cheeseburger Cheese Pizza Beef Nacho Salad  <b>Frozen Friday</b>	
<b>27th</b> <b>Upper Darby Double</b> Chicken Cheesesteak Hummus Salad with Mini Soft Pretzel  <b>January's</b> <b>Featured Entrée</b>	<b>28th</b> <b>Beef Hard Taco</b> <b>with Fresh Salsa</b> Cheeseburger/Pizza Spicy Chicken Patty Hummus Salad with Soft Pretzel  <b>Tasty Tuesday</b>	<b>29th</b> <b>Grilled Panini</b> Cheeseburger Cheese Pizza Chicken Patty Sandwich Hummus Salad with Soft Pretzel	<b>30th</b> <b>Mac &amp; Cheese</b> Cheeseburger Cheese Pizza Buffalo Chicken Wrap Hummus Salad with Soft Pretzel  <b>Mac &amp; Cheese Mania</b>	<b>31st</b> <b>French Toast</b> <b>with Chicken Sausage</b> Cheeseburger Cheese Pizza Hummus Salad with Soft Pretzel  <b>Frozen Friday</b>	

Upper Darby School District Middle School Lunch Menu, All Students Have Access to Lunch at No Cost

Select an Entrée and Choose a Fruit and/or Vegetable  
to Complete Your Meal

Menu Items Do Not Contain Pork Product  
Menu Subject to Change without Notice

